

Together WE Build

Our Red Sea Community

October 20, 2009

Vol. 1, No. 2

BREAKING



NEWS:

✦ **October 31** – The Complimentary Food Program at the Dining Hall ends. The complimentary fast food program ended Oct. 15.

✦ **Two new openings:**

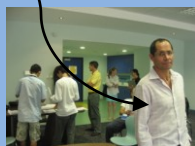
The Coffee Bean and Tea Leaf (next door to Shoro) serves various coffees and teas (drink and bulk) as well as breakfast and sandwich items (**hours = 08:30-24:00 daily**);

Banaweer Bicycle, located near the soon-to-open Community Library, sells a variety of bicycles and accessories. They expect to have a bike rental program operational soon. Repairs are also available.

✦ **Our VERY FIRST** Self-Directed Group (**SDG**) has now been formed.

The KAUST Cycle Club held its founding members' meeting on October 7th. Contact the founder for more information: Cecil.Murray@kaust.edu.sa

Keep watching for the 1st ride.



See how we are
growing bigger,
stronger and
happier –
together !



WHAT'S INSIDE?

- ✦ **VIPs** – stories and interviews
- ✦ Did You Know...?
- ✦ Something Tasty
- ✦ Schedules
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- ✦ Travel
- ✦ Potpourri

If you are not yet getting a copy of this community newsletter and want to, send me an email:

abgwsa1@yahoo.com

If you have something community relevant to announce, send me an email:

abgwsa1@yahoo.com

NEXT ISSUE – Nov. 3rd



A PAIR OF
STARS



Cathy White, Librarian

4 Questions and a Tidbit:

Where did you move here from and when?

I was in the Eastern Province with Aramco for 5 years before moving here; before that it was Riyadh for 2 yrs. I'm from Florida, USA, originally.

Why did you come to KAUST?

I had been reading reports about its development and growth and I became interested; it is a great opportunity for me to be involved in a public library.

How do you spend most of your time?

I have been spending a lot of time preparing for the opening of our community library. We have 10,000 pieces = books, CDs, DVDs to get ready.

In my rare leisure time, I actually read a lot.

What was your first impression of KAUST?

There were so many people – both men and women; so much work ahead – amazing to watch it grow, and IT IS GROWING!

TIDBIT: I can hardly wait for what is now a hidden gem of a library to open and go public. I can't wait to see everyone's face as they check out the very wide selection of materials we are making available to them – in English, Arabic, and more.

Graham White, Language Arts /
English (IB) Secondary Teacher



6th grade computer elective class

Being a classroom teacher provides Graham White with an enormously important opportunity to impact students' lives. He takes his role very seriously.

As an award-winning teacher recognized for his Shakespeare unit, Mr. White has spent about 13 years developing ways to creatively involve students in their own learning and mental growth.

Having moved from Florida to teach at the American International School in Riyadh, and having taught most recently in Dhahran, Graham expected to return to the States when that last assignment ended. Instead, as an IB- (International Baccalaureate) trained classroom teacher of English/Language Arts, he was strongly encouraged to join the KAUST secondary school teaching team. The students are delighted he did!

Someone you might not have seen is this Very Important Person:

Eoin ("Owen") Mullally (he's from Ireland) is the Fitness Coordinator. Currently officed in the



Island ECC, his responsibilities include overseeing all matters related to the soon-to-be-opening **Harbor Sports Club** (aka Harbor Rec. Center). With more than 10 years' experience in recreation work at hotels, resorts and sports clubs, stretching from Palm Springs, California, to New York, to his native Ireland, Eoin is going to have plenty of opportunities to put that experience to work for our KAUST community. There is no doubt that the 16 bowling alleys, 3 squash courts, 1

racquetball court, men's and ladies' fitness rooms and separate classes, a rock climbing wall, separate swimming pools, an arena for basketball, volleyball, etc., outdoor tennis courts and even meeting rooms will keep him hopping. **Don't forget your vitamins, Eoin!**

Did you know . . .

- that the Harbor Recreation Center is also called the Harbor Sports Club? Bowling, squash, fitness rooms, swimming pools - the **opening date is just around the corner.**



Did you know . . .

- that the community library can't look this good without lots and lots of help? If you have some time and are able to volunteer to shelve books, the library **NEEDS YOU, NOW!** Please contact cathy.white@kaust.edu.sa

Did you know. . .

- that vinegar kills germs quite effectively[?] "...Heinz company spokesperson Michael Mullen: 'numerous studies show that a straight 5% solution of vinegar—[ordinary supermarket variety] —kills 99 percent of bacteria, 82 percent of mold, and 80 percent of germs (viruses)'." [from fluther.com blog site]

Did you know . . .

- that the **Economic Development** group held a fun and informative public gathering at the diner recently?



Pizza and Saudi champagne, a bag full of goodies, and great networking were enjoyed. **KIC** (KAUST Industrial Collaboration) leaders introduced themselves, told something about their roles at KIC and added momentum to the innovation + discovery =/+ industry +/- entrepreneur equation.

Did you know ...

- that there was a Breast Cancer Seminar Saturday afternoon, Oct. 17? [If not, **why not? Find out!**] Dr. Almoudi, a U.S.-honored Saudi doctor recognized for her courage in speaking out about her disease, held an informative session about her battle with breast cancer and its effect on her 2 children. An interesting documentary was shown, too.

Did you know. . .

- that the preschool library also needs volunteers to help out on a regular basis? Susan Middlebrook is the one to contact: (susan.middlebrook@kaust.edu.sa)



Something Tasty

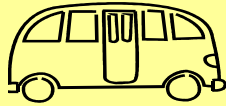
SHRIMP CREOLE



2 lbs (1 kg) raw, peeled shrimp
 ½ C chopped onion
 1 lb can tomatoes
 1 8-oz can/jar tomato sauce
 ½ C celery chopped in large chunks
 ½ C chopped green pepper

2 TBsp vegetable/olive oil
 2 tsp. salt
 1 tsp EACH - pepper, sugar, and cornstarch
 1 "toe" fresh minced garlic
 ½ tsp. chili powder
 ¼ C chopped parsley

Sauté onion, celery and garlic in hot oil until tender, not brown; add tomatoes and sauce with salt, pepper, sugar and chili powder. Simmer uncovered 1 hour. Combine cornstarch with 1 TBsp tap water and stir into sauce. Stir until sauce thickens. Add shrimp, green pepper and parsley. Cover; simmer about 15 minutes – or until shrimp are tender (and cooked). **SERVE** over noodles or rice.

SCHEDULES / SCHEDULING

Want to get to Jeddah/Jiddah but don't have a car? The Transportation Dept. has the answer: a twice daily bus (except Fridays) that **leaves from the KAUST Inn** (near the Laundry Depot/Key Office). A compact version of the schedule (effective since Oct. 1) follows here:

SAT. – THURS. 7:45 departure “IMC & Sairafi Mall”; return **13:30; again at 16:00; return at 22:00**
SAT. – WED. “Shopping” = **17:30** departure (Red Sea Mall, Hera's Int'l., Mall of Arabia, Al-Sairafi); return at **22:00**

THURS. & FRI. “Shopping” = **16:00** departure (Red Sea Mall, Al-Tahlia Street, Al-Sairafi Mall & IKEA, (IMC – Thurs.), Al-Ballad, Mall of Arabia); return on **Thurs.=23:00; return on Fri. = 22:00.**

SOON – Indonesian Culture Community (16 young musicians) will perform playing “*angklung*” (bamboo) instruments. **Watch for the announcement!**

October 30 – 8:00pm or so – Producer/Director Ian Cheney will preview his film “The Greening of Southie” (South Boston, Massachusetts, USA) . **Look for confirmation of date and time.**

Tuesday mornings – 8:30 – gather in the diner for breakfast and to talk about organic food and other wholesome (healthy) things. Meet Rachel, Iffat, Neelam, Temille and others.

Words' worth:

- عثرة ال قدم أسلم من عثرة ال لسان

Literal meaning: the trip of the foot is better than the trip of the tongue.

**Speaking of trips:**

Qateef or Al-Qateef; الفطيف Al-Qatīf

QATIF is an ancient oasis that lies on the Arabian Gulf Coast north of Dammam. Its wealth of underground water feeds huge groves of date palms. Overall, the soil supports an important agricultural economy; the Gulf supports a thriving fishing livelihood. Qatif is also a significant producer of oil, with the world's largest crude production facility. Visitors will find a Thursday market, an ancient Tarut Citadel, and an island where archaeological digs have unearthed evidence dating back about 5000 years.



Photos from David Roe
photo gallery
pbase.com/bigsandpit/qatif

**DO YOU KNOW THE ANSWER?**

Easy = What is the #1 source of revenue for the Kingdom of Saudi Arabia?

Harder = What is the #2 source of revenue for the KSA?

Source: Culture Shock, 2006.
Answers on the bottom of next page.

Potpourri

Interested in pottery – maybe having a ceramics studio here? If so, contact either minna.lehvaslaiho@kaust.edu.sa or rachel.yeh@kaust.edu.sa to find out more.

Are you a walker? Madison is hoping to start a Wellness Walking Group and will provide a pedometer to each member. madison.tyler@kaust.edu.sa

More bicycles on the road means drivers must observe all **STOP** signs and speed limits. Use caution as you enter intersections and keep the riders safe.

Even if **BIKE LANES** are in our future,
DRIVE & RIDE SAFELY.

Hi, I'm Nemo! I am the only species of clownfish (*Amphiprion bicinctus*) living in our Red Sea. When you are snorkeling or diving on the reefs outside KAUST, you may find me living in an anemone. Related to jellyfish, anemones normally sting fish with their tentacles, but my relationship with them is special and it started when I was just a few days old. I get a safe home to live in and work to keep the anemone clean and provide it with food.

Michael and Mae have started a research project to find my relatives up and down our Red Sea coast. Then, KAUST will be able to design the most effective marine reserves possible to protect me and my great big family. Come join us in the water and be sure to read the next issue of **ORSC (Nov. 3)** for information about some of my other friends.

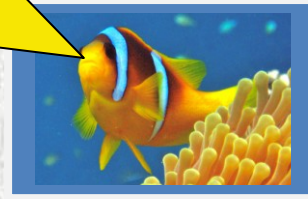


Photo by Michael Berumen, Asst. Prof., KAUST Marine Sciences

Have and Don't Want:

Do you have more than you need?
Have you had a change of mind?
Is surplus weighing you down?

Don't Yet Have and Want/Need:

Tutor needed for 2 Arabic-speaking school children attending English-language classes. Can you help?
Can you **Ceroc**? If so, contact me for details.
Pet and **childcare** lists still looking for entries.

Relevant information given to those who need it.

Let me know (abgwsa1@yahoo.com) if that is you.

Answers:

Easy: #1 Resource = oil

Harder: #2 Resource = tourism – yes! HAJJ contributes to more than 3 million visitors/year.

NEXT issue of ORSC = November 3